

St. Matthew's Rec Center

31 W Academy St., Williamstown, NJ 08094

☎ 856.629.2050 🌐 www.smreccenter.com ✉ cdcreception@stmatthewsbc.com

Monday

Gentle Body

8:15am w/Darlene

Sit N' Stretch

9:15am w/Darlene

ZUMBA Gold

9:30am w/Katie

Indoor Cycling

10am w/Darlene

Silver Circuit

10:15am w/Katie

Line Dancing

11am w/Darlene

Kickboxing

5:30pm w/Kim

Thursday

Gentle Body

8:15am w/Darlene

Sit N' Stretch

9:15am w/Darlene

Indoor Cycling

10am w/Darlene

Line Dancing

11am w/Darlene

Chair Plus

12pm w/Katie

Power Pump

5:30pm w/Kim

Tuesday

Circuit

9am w/Darlene

Fit-4-Life

10:30am w/Sue

Chair Plus

12pm w/Katie

Line Dancing

5:30pm w/Darlene

Friday

Core N' More

8:15am w/Sue

Circuit

9am w/Darlene

ZUMBA Gold

9:30am w/Katie

Silver Circuit

10:15am w/Katie

Wednesday

Body Fit

9am w/Sue

Silver Circuit

10:15am w/Sue

Fit-4-Life

11am w/Sue

Power Pump

5:30pm w/Kim

Saturday

Kickboxing

9:30am w/Kim

Line Dancing

9:30am w/Darlene

Facility Hours

Monday to Friday

8am - 6:30pm

Saturday

8am - 2pm

Pool Hours

Temporarily Closed

*We are
CLOSED on
Sundays!*

Pickleball

Beginner

Mon - Fri

12 - 2pm

Advanced

Mon - Fri

8 - 10am

Recreational

Mon & Fri

4 - 6pm

Intermediate

Mon - Fri

10am - 12pm

Tues - Thurs

2 - 4pm

Drills & Skills

Mon & Fri

2 - 4pm

Meetup

- Visit www.meetup.com or download the Meetup app
- Keyword "Pickleball"
- Location "Williamstown"
- Search for & Join desired session



FUNDRAISER TOURNAMENT

INTERMEDIATE

Friday, May 16th

ADVANCED

Monday, May 19th

Sign up at the front desk today!

Elevate your Game!
Join the "Drills and Skills" session on Meetup today!